



# Community Cleanups Do's & Don'ts

## Volunteers should WEAR the following:

- long pants
- long-sleeved shirts
- bright colors for roadside cleanups
- thick-soled, closed shoes
- work gloves

## Volunteers SHOULD:

- Use sunscreen and bug repellent
- Drink plenty of fluids and keep “quick energy foods” on hand
- Be aware of your surroundings and the potential hazards (e.g., passing cars, poison ivy, overgrown vegetation)
- If you feel faint or are not feeling well, **report to team leader immediately**
- Use the “buddy system,” working in teams of two or three to maximize safety
- Wash hands with antibacterial soap after cleanup
- Bag litter to meet local regulations
- If you come across illegal dumping, **report to team leader**
- Make sure your event site is tidy upon completion

## Volunteers SHOULD NOT:

- Pick up hazardous materials such as hypodermic needles, sharp objects, animal carcasses, or other unidentified, questionable objects; **report to team leader**
- Overstuff bags
- Attempt to move large objects; ask for help, **report to team leader**
- Bring pets, as they may distract participants or even detract from the cleanup
- Overdo it physically